

# Half Human BikeErg

HALF | HUMAN



Featuring a robust steel frame, the BikeErg ensures stability and durability, making it suitable for intense workouts. The adjustable resistance levels allow you to customize your workout intensity, whether you're a beginner or a seasoned athlete. The ergonomic seat and handlebars are fully adjustable, providing maximum comfort and support during your ride. Stay motivated and track your progress with the advanced LCD monitor that displays your speed, distance, time, and calories burned. The built-in heart rate sensors help you stay within your target heart rate zone, optimizing your workout efficiency. With its compact design and transport wheels, the Ultimate Fitness Exercise Bike is easy to move and store, making it ideal for any home gym setup.

## ■ Key Features

# Half Human BikeErg

Resistance: 10 Levels air resistance

Console: 5" backlit LCD screen

Console Feedback: RPM, Pulse, Distance, Level, Cycle, Speed, Watts, Watts AVG, Time, Time/1km, Calories/hr

Programmes: Manual, interval, countdown, target

Bluetooth Connectivity: Yes

Compatible Applications: Zwift, Kinomap

Heart Rate Measurement: Bluetooth Smart wireless receiver (chest strap optional)

Additional Features: Integrated tablet holder, water bottle holder, dual-action design, leg levellers

Seat: Standard, cushioned adjustable seat

Handlebar: Multi-grip handlebars with horizontal and vertical adjustment

Pedals: Non-slip ergonomic pedals

Product Weight: 51kg (112lbs)

Max. User Weight: 150kg (331lbs)

Dimensions: Length=136.5cm (54"), Width=62cm (24"), Height=124cm (49")

Transport Wheels: Yes, front-mounted

Power Supply: 4 x AA batteries (included)

Warranty Type: Commercial

Warranty: 2 years